



## YEAR 4

# Tennis

## Scheme of Work

### Introduction

Pupils develop the key skills required for tennis such as the ready position, racket control and forehand and backhand ground strokes. Pupils learn how to score points and how to use skills, strategies and tactics to outwit the opposition.

This scheme lends itself to developing the following personal & social whole child objectives:

Pupils will be given the opportunity to work COLLABORATIVELY with others, develop CONFIDENCE to achieve their best & COMPETENCE when performing skills. They will understand the importance of abiding by rules to keep themselves & others safe. Pupils will develop CHARACTER & CONTROL through engaging with coping strategies when exposed to competition & demonstrate integrity when learning independently.

### Key Skills

- Underarm throwing
- Catching
- Ready position
- Forehand
- Backhand
- Rallying

### Learning Objective

<b>LESSON 1</b>	To develop underarm feeding. To use the ready position.
<b>LESSON 2</b>	To develop ball control using a tennis racket.
<b>LESSON 3</b>	To develop hitting the ball using a forehand.
<b>LESSON 4</b>	To be able to return the ball using a forehand.
<b>LESSON 5</b>	To develop the backhand and understand when to use it.

<b>LESSON 6</b>	To work co-operatively with a partner to keep a continuous rally going.
<b>LESSON 7</b>	To use simple tactics in a game to outwit an opponent.
<b>LESSON 8</b>	To demonstrate honesty and fair play when competing against others.

## Assessment Criteria

### YEAR 4

- I can sometimes play a continuous game.
- I can use a range of basic racket skills.
- I can return to the ready position to defend my own court.
- I understand the rules of the game and I can use them often.
- I can explain what happens in my body when I warm up.
- I can identify when I was successful and what I need to do to improve.

## Links to the National Curriculum

### ENGLISH

- Learning of key vocabulary –Opponent, consecutive, forehand, backhand, outwit
- Understand and follow instructions
- Understand rules and apply them to game situations
- Communicating tactics and discussing what made them successful

### MATHS

- Adding numbers in 'Rally for points'

## Health and Safety

Ensure the teaching space is clear before beginning and that children are suitably dressed to participate. Any unused equipment must be stored in a safe place.