



YEAR 5/6

Volleyball - Y5/6

Scheme of Work

Introduction

Pupils focus on developing the skills they need to play continuous rallies in volleyball. They will learn about the ready position, ball control, sending a ball over a net and how to use these skills to make the game difficult for their opponent. In all games activities, pupils have to think about how they use skills, strategies and tactics to outwit the opposition.

This scheme lends itself to developing the following personal & social whole child objectives:

Pupils will be given the opportunity to work COLLABORATIVELY with others, develop CONFIDENCE to achieve their best & COMPETENCE when performing skills. They will understand the importance of abiding by rules to keep themselves & others safe. Pupils will develop CHARACTER & CONTROL through engaging with coping strategies when exposed to competition & demonstrate integrity when learning independently.

Key Skills

- Volley
- Set
- Dig
- Serve
- Ready position

Learning Objective

LESSON 1	To be able to use the ready position.
LESSON 2	To develop the fast catch volley.
LESSON 3	To be able to volley the ball.
LESSON 4	To be able to use a dig shot.
LESSON 5	To be able to rally over the net.
LESSON 6	To be able to underarm serve.
LESSON 7	To be able use the scoring system and understand when to rotate.
LESSON 8	To be able to play in a volleyball tournament.

Assessment Criteria

YEAR 5

- I am developing a range of skills and I am beginning to use these under some pressure.
- I understand the need for tactics.
- I understand the rules of the game and I can use them to play fairly.

- I understand there are different skills for different situations and I am beginning to use this.
- I recognise my own and others strengths and areas for development and can suggest ways to improve.
- I can lead a partner through short warm-up routines.

YEAR 6

- I can use a range of skills in game situations.
- I can select the appropriate action for the situation.
- I can use the rules of the game consistently.
- I understand the need for tactics and when would be appropriate to apply them.
- I can lead a small group through a short warm-up routine.
- I can identify my own and others' strengths and areas for development and can suggest ways to improve.

Links to the National Curriculum

ENGLISH

- Learning of key vocabulary – Opponent, consecutive, technique, accuracy
- Understand and follow instructions
- Understand rules and apply them to game situations when playing and umpiring
- Communicating tactics and discussing what made them and their team successful

MATHS

- Creating areas sets distances apart
- Adding points to discover final team placing

Health and Safety

Playing the ball with any part of the body, including the feet, is allowed but kicking the ball is discouraged for safety reasons. Unused balls **MUST** be stored in a safe place. This could be back in bags or on trolleys, using a bench turned on its side or cones to stop them rolling.