



YEAR 3

Tennis

Scheme of Work

Introduction

Pupils develop the key skills required for tennis such as the ready position, racket control and hitting a ball. They learn how to score points and how to use skills, simple strategies and tactics to outwit the opposition.

This scheme lends itself to developing the following personal & social whole child objectives:

Pupils will be given the opportunity to work COLLABORATIVELY with others, develop CONFIDENCE to achieve their best & COMPETENCE when performing skills. They will understand the importance of abiding by rules to keep themselves & others safe. Pupils will develop CHARACTER & CONTROL through engaging with coping strategies when exposed to competition & demonstrate integrity when learning independently.

Key Skills

- Ready position
- Forehand
- Rallying
- Throwing
- Catching
- Backhand

Learning Objective

LESSON 1	To be able to use the ready position.
LESSON 2	To develop ball control and movement skills.
LESSON 3	To develop racket and ball control.
LESSON 4	To develop returning the ball using a forehand groundstroke.
LESSON 5	To be able to rally using a forehand.
LESSON 6	To develop the two handed backhand.

LESSON 7	To learn how to score. To be able to play against an opponent.
LESSON 8	To work collaboratively with a partner to compete against others.

Assessment Criteria

YEAR 3

- I can return a ball to a partner.
- I can use basic racket skills.
- I understand the aim of the game.
- I am learning the rules of the game and I am beginning to use them.
- I understand why it is important to warm up.
- I can identify when I was successful.

Links to the National Curriculum

ENGLISH

- Learning of key vocabulary –Opponent, consecutive, forehand, backhand, outwit
- Understand and follow instructions
- Understand rules and apply them to game situations
- Communicating tactics and discussing what made them successful

MATHS

- Adding numbers in 'Rally 2,4,6,8'

Health and Safety

Ensure the teaching space is clear before beginning and that children are suitably dressed to participate. Any unused equipment must be stored in a safe place.