



Get Set 4 P.E.

Speed bounce

What you need:

One cone between two.

How to play:

- Pupils work with a partner. One pupil jumps and the other person counts.
- Time the pupils for 30 seconds.
- How many times can they jump over their cone?
- Keep your feet together as you jump.
- Play the game twice, can they match or beat their first score?

