



YEAR 5/6

## Netball

### Lesson 3

#### Learning Objective

To be able to use the attacking principle of creating and using space.

#### Success Criteria

##### Year 5

- I can create space to help my team.
- I can move into space to help my team.
- I can pass and receive the ball with some control under pressure.

##### Year 6

- I can use movement skills to lose a defender.
- I can pass and receive the ball with increasing control under pressure.
- I can create and use a variety of tactics to help my team.
- I can create and use space to help my team.

## Handy Hints

Remember all movement is helpful, even if you don't receive the ball.

## Equipment

- Cones x 30
- Hoops x 12
- Netballs x 15
- Team bands x 15

**10 Mins**

## Warm Up and Introduction

### Finding space:

Pupils begin by standing in a space within the playing area. They jog around the teaching space, showing an awareness of other people.

Change the movement action e.g. side steps, skips, heel flicks etc. Highlight pupils who do this well.

Encourage the pupils to find the gaps on the court, changing direction when they get close to someone else.

Make this harder by playing in a smaller area.

45 Mins

## Skill Development

### Passing:

In pairs with one ball. One pupil is the ball carrier and the other the attacker.

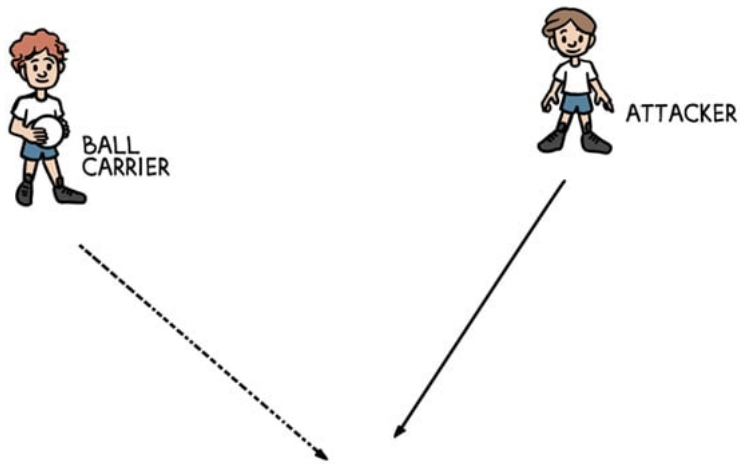
#### A Diagonal Drives:

The attacker begins 6m away from the ball carrier and sprints diagonally to receive a pass, passes back to the ball carrier and starts again. Complete six and then change over.

Make a quick diagonal sprint to receive the ball.

Call the name of the ball carrier when you want the ball.

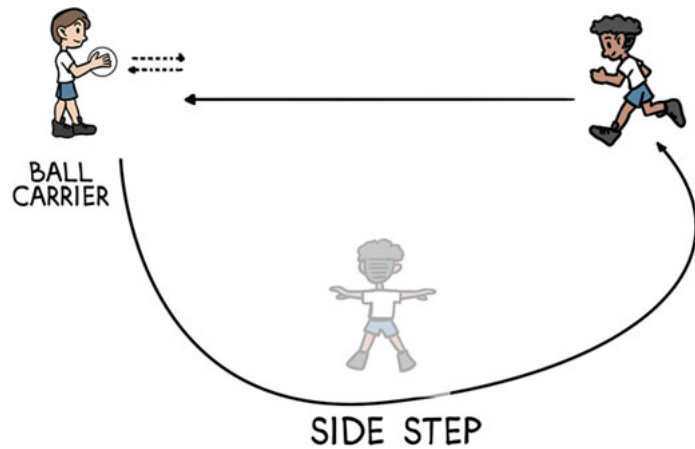
Ball carrier must pass ahead of the attacker so that they catch the ball in front of them.



#### B Straight drive and clear:

The attacker begins 6m away from the ball carrier. They sprint towards the ball carrier to receive a pass, pass it back and then sidestep back to the start to go again. Complete six and then change over. Sidestep facing inwards so that you can still see the ball.

Make the side steps in a wide curve so that you create space for yourself to sprint forward again.

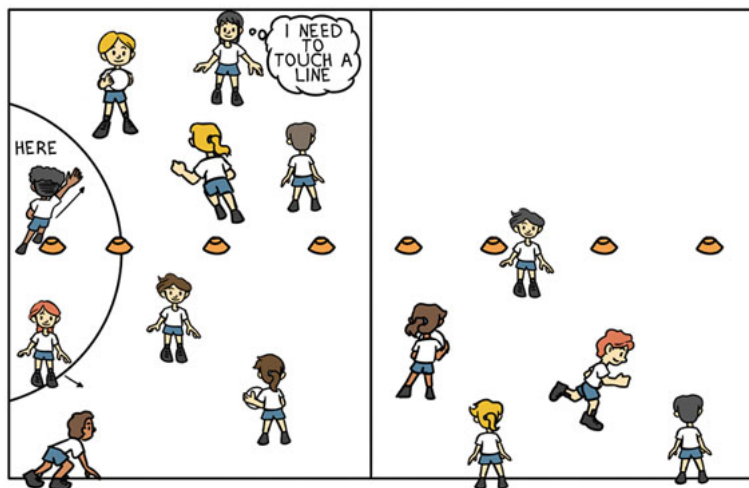
**Pass and move:**

In groups of five. Working in half of a netball court third. Pupils pass the ball amongst their group. After they pass the ball they must run and touch one of the lines that mark out their third.

Teacher note: this encourages the pupils to pass and then move to create new space.

Touch a line that is not near you so that you create space.

When you want the ball make a very definite movement at speed towards the ball carrier and call their name.



### 3v2:

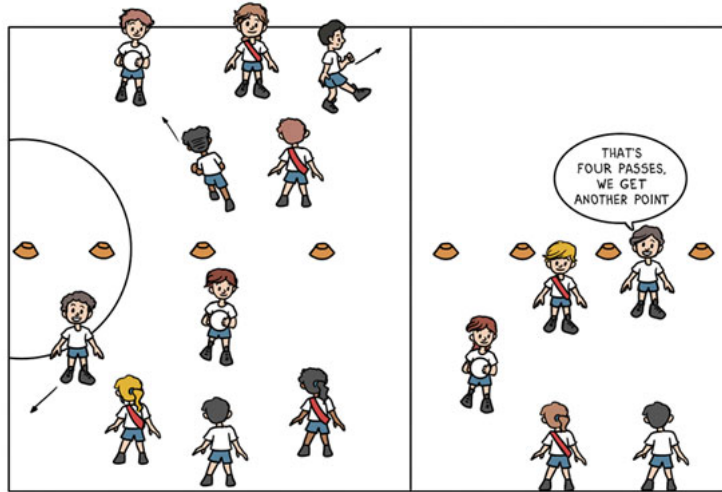
Using half of a netball court third.

- Three attack play against two defence.
- The attackers still have to touch a line after they throw the ball.
- They get one point for every four passes they make.
- If the defence intercept they win one point and give the ball back to the attack to start again.

After a few minutes rotate the defence. If you do not get the ball continue to move.

If you stand still you will take up the space for someone else so continue to move.

Make this easier by playing four attackers against one defender.



### Conerball 5v5:

In teams of five. Pupils play five against five.

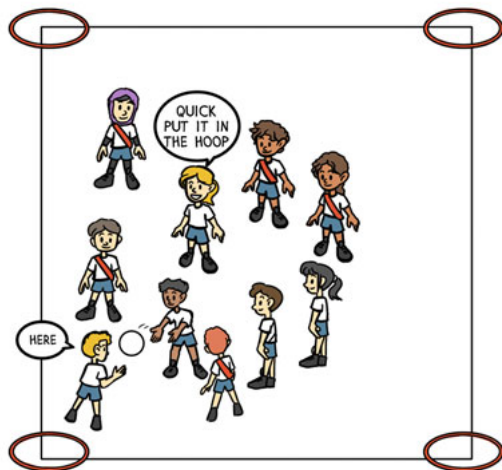
- Two teams play against each other in one third of a netball court.
- Place a hoop in each corner of the playing area.
- Teams score one point every time they place the ball in one of the hoops.
- Both teams can score in any of the four hoops.

*Look for available space.*

*Make definite movements when you want the ball.*

*If one of the hoops is crowded, move towards another hoop to create space.*

*Make this harder by specifying that a set number of passes must be made prior to scoring.*



5 Mins

## Plenary

Ask the pupils when were they successful in creating space?

Why is it important to create space?

Did they create space for themselves or for someone on their team?

When did you show fair play? Why is this important?