



YEAR 5/6

## Netball

### Scheme of Work

#### Introduction

Pupils will develop defending and attacking play during even-sided High 5 Netball. Pupils will learn to use a range of different passes to keep possession & attack towards a goal. They will start to show control and fluency when passing, receiving and shooting the ball. They will learn to defend and mark one to one. They will learn key rules of the game such as footwork, held ball, contact and obstruction.

This scheme lends itself to developing the following personal and social whole child objectives:

Pupils will be given the opportunity to work COLLABORATIVELY with others, develop CONFIDENCE to achieve their best and COMPETENCE when performing skills. They will understand the importance of abiding by rules to keep themselves and others safe. Pupils will develop CHARACTER and CONTROL through engaging with coping strategies when exposed to competition and demonstrating integrity when learning independently.

#### Key Skills

- Passing
- Catching
- Footwork
- Attacking
- Defending

- Intercepting
- Shooting

## Learning Objective

<b>LESSON 1</b>	To develop passing and moving.
<b>LESSON 2</b>	To develop passing and moving towards a goal.
<b>LESSON 3</b>	To be able to use the attacking principle of creating and using space.
<b>LESSON 4</b>	To be able to change direction and lose a defender.
<b>LESSON 5</b>	To be able to defend ball side and know when to go for interceptions.
<b>LESSON 6</b>	To be able to change direction to get free from a defender and receive a pass.
<b>LESSON 7</b>	To develop the shooting action.
<b>LESSON 8</b>	To play in a High 5 netball tournament.

## Assessment Criteria

### YEAR 5

- I understand the rules of the game and I can use them most of the time.

- I understand there are different skills for different situations and I am beginning to use this.
- I can move into space to help my team.
- I know what position I am playing in and how to contribute when attacking and defending.
- I recognise my own and others strengths and areas for development and can suggest ways to improve.
- I can lead a partner through short warm-up routines.
- I can pass, receive and shoot the ball with some control under pressure.

## **YEAR 6**

- I can select the appropriate action for the situation.
- I can use the rules of the game consistently.
- I can create and use a variety of tactics to help my team.
- I can create and use space to help my team.
- I can select and apply different movement skills to lose a defender.
- I can lead a small group through a short warm-up routine.
- I can identify my own and others' strengths and areas for development and can suggest ways to improve.
- I can use marking, and/or interception to improve my defence.
- I can pass, receive and shoot the ball with increasing control under pressure.

## **Links to the National Curriculum**

### **ENGLISH**

- Learning of key vocabulary - Interception, opponent, defend, attack, possession, conceding
- Understand and follow instructions
- Understand rules and apply them to game situations
- Communication with a partner and team

### **MATHS**

- Using half a netball court or specific thirds of the court
- Adding scores in the tournament to get a final placing

- Creating goals set distances apart

## Health and Safety

Unused balls must be stored in a safe place. This could be back in bags or on trolleys, using a bench turned on its side or cones to stop them rolling.